

Activity 1 – Questions target specific assessment objectives.

Study the example questions below (taken from the SAMS).

State the assessment objectives being assessed in each question (what skill is being tested? knowledge, application, analysis or evaluation? Can you justify your choice?)

Example 1

2 **Figure 3** shows the movement of gases into and out of a capillary.

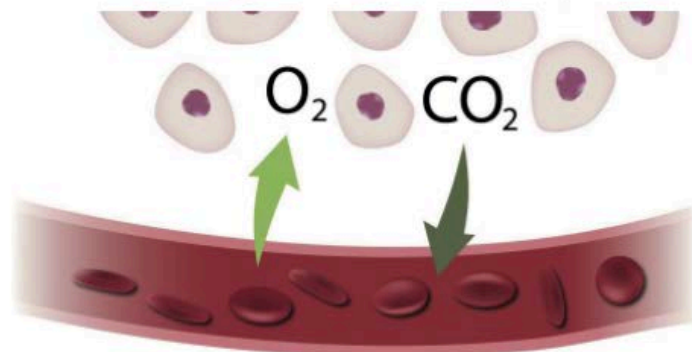


Figure 3

(a) Using **Figure 3**, state where this gas exchange is taking place.

(1)

Example 2

Figure 5 shows Jango's heart rate during a typical training session.

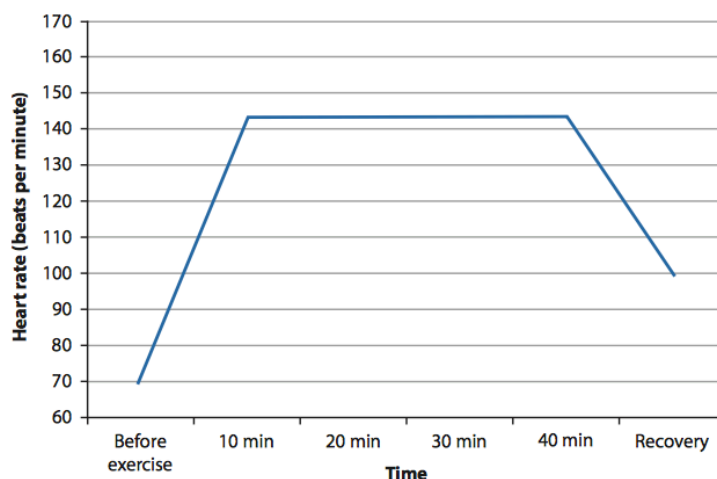


Figure 5

(c) Using **Figure 5**, explain whether Jango is training for an endurance or power event.

(4)

Example 3

7 State a fitness test that the following performers should use to assess their fitness for their sport.

- Finn, a long distance swimmer

(1)

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- Depa, a sprint hurdler

(1)

-
- Owen, a high jumper

(1)
